



ORBS 2012 Programme

Friday 20th July Primary Breast Augmentation

8.45 - 9.15 Registration

9.30 – 10.30 Planning

- Ideal Breast Aesthetics
- Who's a good candidate – Who's not?
- Measurements – what, why and how (Video)
- Who needs a mastopexy
- Implant Selection and Position
- Incision Planning

10.30 – 11.00 Coffee

11.00 - 12.15 Surgical Techniques

- Pocket Dissection (Videos)
 - Sub-glandular
 - Sub-Fascial
 - Sub-muscular
 - Dual Plane
- Mastopexy Augmentation (Video)
- Asepsis

12.15 - 1.00

- Aftercare
- Role of ADM
- Fat Grafting
- 3D Planning
- Complications

1.00 pm *Lunch*

One-stage Implant Reconstruction

2.00 - 3.00 **Planning**

- Evolution of Implant Reconstruction - New Techniques & Devices
- Case Selection
- Measurements and Implant Selection – Parallels and differences with breast augmentation
- Mastectomy Technique (Video)
- Who Needs a Two-stage

3.00 – 4.00 **Surgical Techniques**

- Surgical techniques in One-stage reconstruction (Videos)
- Avoiding and Managing Complications

4.00 pm *Tea*

4.45 Live Link to Bc3 Conference in Washington

- The Case for Direct to Implant Reconstruction in Risk Reduction Surgery
- The Case for Two Stage Reconstruction in Risk Reduction Surgery
- The Role of Flaps in Reconstruction after Risk Reduction Mastectomy
- Imaging the Breast after Reconstruction and Risk Reduction Mastectomy
- Options and Strategies for Risk Reduction Surgery in the Patient with very Large Breast
- Risk Reduction Surgery of the Previously Radiated Breast
- Panel Discussion / Q&A

6.15 *Drinks and Dinner*

7.45 Live Link to Bc3 Conference in Washington

- Therapeutic NSM, Is It Safe?
- A 10 Year Personal Evolution in Performing NSM
- A Pragmatic Approach to Therapeutic NSM and Criteria for Selection
- Surgical Technique for Therapeutic NSM
- A Medical Oncologist's Perspective on NSM
- TBA
- Panel Discussion / Q&A

9.30 *CLOSE*

Saturday 21st July

Breast Reduction / Therapeutic Mammoplasty Workshop

9.15 – Planning a Breast Reduction

- Who's a good candidate who's not?
- Choosing the Best Technique
- Patient Mark-up (Video)
- Avoiding Pitfalls

10.00 – Fundamental Techniques of Breast Reduction (Videos)

- Wise Pattern with Superior Pedicles
- Wise Pattern with Inferior Pedicles
- Vertical Techniques
- Septal Techniques

10.30 - *Coffee*

11.00 - Complex Breast Reduction Scenarios

- Very Large Breasts
- Previous Scars and Radiotherapy
- Managing Complications

12.00 - Applying Principles and Techniques of Breast Reduction to Breast Conserving Surgery for Breast Cancer

1.00 -2.00 Lunch

2.00 – Fundamentals of Therapeutic Mammoplasty

- Patient Selection
- Oncology Excision
- Patient Mark-up (Video)
- Extended NAC Pedicles
- Secondary Pedicles
- Central Tumours
- Complications
- Management of incomplete margins

3.30 – Debate

There are Simpler Alternatives to Therapeutic Mammoplasty – Keep it Simple

For

Against

4.30 - Q & A

5.00 pm - Close Meeting